# **UEG Masterclass:**

# Inflammatory Bowel Diseases (IBD) – Top Tips & Tricks for Understanding and Managing the Complexity of IBD

A multidisciplinary online and in-person learning experience

Online phase: October/November 2025 In-person course: November 28 – 29, 2025

Vienna, Austria

[https://ueg.eu/education/face-to-face-education/masterclass]

## What to expect?

The UEG Masterclass provides in-depth knowledge on the diagnostic and therapeutic management of Inflammatory Bowel Diseases (IBD), focusing on the latest multidisciplinary approaches.

Enhance your understanding of IBD pathophysiology and management and managing IBD with this interactive program that combines online and face-to-face training. Led by top IBD experts, the course covers clinically relevant updates on etiopathogenesis, diagnostic and therapeutic strategies, including nutrition and surgical strategies, real-world case discussions, and multidisciplinary team approaches for both simple and complex cases.

# **Learning objectives**

- Advanced understanding of IBD pathogenesis, clinical (PRO), biochemical, imaging, and endoscopic diagnostic and monitoring strategies
- Tailored medical, nutritional and surgical therapeutic strategies and medical therapy selection in Crohn's Disease (CD) and Ulcerative Colitis (UC)

# **Target audience**

- Advanced gastroenterologists, IBD specialists, surgeons, radiologists, paediatric gastroenterologists
- Individuals with a specific interest in the pathophysiology and management of IBD
- High motivation for interactive online and on-site learning

## **Course directors**

**Axel Dignass**, Germany, **Stephan Vavricka**, Switzerland

# **Faculty**

- Ailsa Hart; UK; Consultant Gastroenterologist Director IBD Research St Mark's Hospital & Imperial College
- Andrea Laghi; Italy; Chairman Dept of Radiology, IRCCS Humanitas Research Hospital, Humanitas University, Rozzano/Milan, Italy
- Beatriz Gros Alcalde; Spain; Gastroenterologist Reina Sofía University Hospital of Córdoba
- Bel Klaartje Kok; UK; Consultant Gastroenterologist and Clinical Lead Barts Health NHS Trust The Royal London Hospital
- Bram Verstockt; Belgium; Assistant professor at KU Leuven (Leuven, Belgium) and staff member of the Department of Gastroenterology and Hepatology at the University Hospitals Leuven
- Dan Turner; Israel; Professor MD, PhD, Head, the Julien Keidan Institute of Pediatric Gastroenterology, SZMC
- Edyta Tulewicz-Marti; Poland; Gastroenterologist at National Medical Institute of the Ministry of the Interior and Administration IBD
- Emma Calabrese; Italy; Associate Professor of Gastroenterology, department of Systems Medicine, University of Rome Tor Vergata, Italy
- Harry Sokol; France; Professor MD, PhD Gastroenterology Department Saint-Antoine Hospital
- Ignacio Catalan-Serra; Norway; Gastroenterology. IBD at Norwegian University of Science and Technology
- James Lindsay; UK; Consultant Gastroenterologist at Barts Health NHS Trust
- Mariangela Alloca; Italy; MD, PhD, Head of IBD Center, IRCCS Hospital San Raffaele, Milan

- Pascal Juillerat; Switzerland; Gastroenterologist at Gastroenterology Beaulieu Lausanne & Inselspital, Universitätsspital Bern
- Pär Myrelid; Sweden; Överläkare; Professor, Senior Consultant Surgeon
- Rotem Sigall Boneh; Israel; RD, M.sc. Clinical and research dietitian, Wolfson Medical Center, Holon, Israel; PhD candidate, Amsterdam University
- Timo Rath; Germany; Professor of Endoscopy, Ludwig Demling Endoscopy Center, University Hospital Erlangen, Germany

# Online phase: October/November 2025

The UEG Masterclass features an innovative educational format that combines online learning activities with the best aspects of classroom interaction and live instruction.

The online phase will take place over October and November 2025, offering a personalized learning experience that blends live and self-paced materials, including:

- 4 Weekly sessions with approx. 2 hours of mandatory content
- Assigned readings, including guidelines and expert opinion articles

Live webinars with expert faculty:

- Updates on the Pathogenesis of IBD for clinicians
- Imaging for diagnosis, follow-up and evaluation of therapeutic success: CT, MRI Intestinal Ultrasound
- Pediatric IBD, Transition, and Nutrition
- Endoscopy for diagnosis, scoring, follow-up and surveillance of IBD: current standards and future options

The online phase is carefully aligned with the topics and cases being covered on-site to provide an integrated learning experience. Participants will solve interactive-quizzes and exchange with their faculty.

Webinar details		
Webinar 1 Tuesday, 28thOct, 18:30 - 20:00 CET	Harry Sokol Charlie Lees	Updates on the Pathogenesis of IBD for clinicians

Webinar 2 Tuesday, 4th Nov, 18:30 – 20:00 CET	Mariangela Allocca Andrea Laghi	Imaging for diagnosis, follow-up and evaluation of therapeutic success: CT, MRI Intestinal Ultrasound
Webinar 3 Tuesday, 11th Nov 18:30 - 20:00 CET	Dan Turner Rotem Sigall Boneh	Pediatric IBD, Transition, and Nutrition
Webinar 4 Wednesday, 19 <sup>th</sup> Nov 18:30 - 20:00 CET	Timo Rath Emma Calabrese	Endoscopy for diagnosis, scoring, follow-up and surveillance of IBD: current standards and future options

## Face-to-face course: November 28 – 29, 2025

Friday, November 28, 9:30 – 18:00 Saturday, November 29, 8:30 – 15:30

The culmination of this blended learning experience will be a two-day face-to-face event in Vienna, Austria, featuring:

- Multidisciplinary case-based learning
- Renowned international faculty
- A mix of teaching formats, including case studies, case-based discussions, group discussions, group work, quizzes, and precourse knowledge checks
- Opportunities for networking with a multidisciplinary peer group and faculty

The event will begin at 9:30 CET on November 28 and conclude at 3:30 CET on November 29. Over the course of two days, sessions will be organised into sections covering the following topics:

- Therapeutic Goals
- Monitoring of IBD
- Immunosuppressive & Biologic Therapies
- Choosing Therapy for CD & UC
- Fistulizing Crohn's Disease

- Extraintestinal Manifestations
- Stricturing CD

Participants will work in multidisciplinary teams to solve case studies prepared by faculty members in each topic session. Solutions will then be presented and discussed with both the participants and the entire multidisciplinary faculty.

## Schedule

Day 1: Friday, 28th November 2025

09:30 – 18:00 (7.25 hours total, including breaks)

**Registration:** 08:30 – 09:30

#### Welcome and Introduction: 09:30 – 10:00 (0.50 hours)

Opening remarks and overview of the event

Introduction to the agenda, objectives, and expectations

**Session 1:** 10:00 – 10:45 (0.75 hours)

Therapeutic Goals & Treatment Monitoring:

Axel Dignass & Ailsa Hart

Case Scenario Presentation: Managing a patient with fistulizing Crohn's disease & a positive tuberculosis test – Best strategies?

Interactive group discussion in small groups (15 min)

Mentored breakout preparation phase, all groups will work on the same case; the presenting group will refine and summarize key takeaways.

Coffee Break: 10:45–11:00 (0.25 hours)

11:00 – 12:30 (1.5 hours)

# Input Expert Lectures (15 min) & Discussion (15 min)

- Therapeutic Goals in IBD Axel Dignass & Beatriz Gros
- Monitoring of IBD Bel Klaartje Kok
- Preparation for Immunosuppressive & Biologic Therapies Ignacio Catalan

**Lunch Break:** 12:30 – 13:30 (1 hour)

**Session 2:** 13:30 – 14:15 (0.75 hours)

Multidisciplinary Management of Patients Strategies to choose the best IBD therapy: James Lindsay & Bel Klaartje Kok

Case Scenario Presentation: Strategies for best IBD therapy Interactive group discussion in small groups (15 min) Mentored breakout preparation phase, all groups will work on the same case; the presenting group will refine and summarize key takeaways.

14:15 – 15:15 (0.50 hours)

#### Input Expert Lectures (15 min) & Discussion (15 min)

- How to Choose the Best Therapy for Crohn's Disease? Edyta Tulewicz-Marti
- How to Choose the Best Therapy for Ulcerative Colitis? Bram Verstockt

**Session 3:** 15:30 – 16:15 (0.75 hours)

Complex IBD Management: Ignacio Catalan & Stephan Vavricka

Case Scenario Presentation: Managing complex cases in IBD. Interactive group discussion in small groups (15 min)

Mentored breakout preparation phase, all groups will work on the same case; the presenting group will refine and summarize key takeaways.

16:15 – 17:15 (0.50 hours)

## Input Expert Lectures (15 min) & Discussion (15 min)

- Managing perianal fistulizing Crohn's Disease Ailsa Hart & Pär Myrelid
- Extraintestinal Manifestations & Systemic Complications –
   Stephan Vavricka & Beatriz Gros

Wrap-up and Q&A: 17:15 – 18:00 (0.75 hours):

- Summary of the day's activities
- Open floor for questions

**Dinner: 19:30** 

Day 2: Saturday, 29th November 2025 08:30 – 15:30 (7,25 hours total, including breaks)

Wrap-up day 1: 08:30 – 09:30 (1h)

**Session 4:** 09:00 – 09:45 (0.75 hours)

Complex Strictures & Severe Flares: Pär Myrelid & Ignacio Catalan

**Case Scenario Presentation:** Managing stricturing Crohn's Disease **Interactive group discussion in small groups** (15 min)

Mentored breakout preparation phase, all groups will work on the same case; the presenting group will refine and summarize key takeaways.

**Coffee Break:** 09:45–10:00 (0.25 hours)

10:00 – 11:00 ( 1 hour)

Input Expert Lectures (15 min) & Discussion (15 min)

- Management of Stricturing Crohn's Disease Edyta Tulewicz-Martin & Pär Myrelid
- Acute Severe & Fulminant Colitis Tips & Tricks Pascal Juillerat

Interactive Quiz, Case Discussions, and Digital Tools - Beatriz Gros: 11:00–12:00 (1 hour)

**Lunch Break:** 12:00 – 13:00 (1 hour)

**Session 5:** 13:45 – 14:15 (0.50 hours)

**Combination therapies in refractory cases:** Pascal Juillerat & Bram Verstockt

Case Scenario Presentation: When all therapies fail – What's next? Interactive group discussion in small groups (15 min)

Mentored breakout preparation phase, all groups will work on the same case; the presenting group will refine and summarize key takeaways.

## 13:45 – 14:15 (0.50 hours)

## Input Expert Lectures (15 min) & Discussion (15 min)

Combination Therapy Approaches – Bram Verstockt

## 14:15 – 15:00 (0.75 hours)

- Final Pre-Test Assessment & Reflections
- Key Take away

## **Official closing 15:00 – 15:30 (0.5 hours)**

## Location

The in-person portion of the course will be held in Vienna.