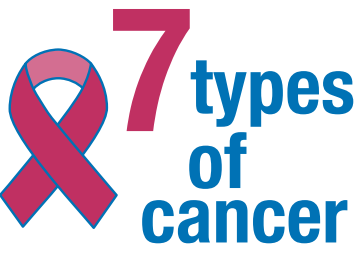




Alcohol and Cancer

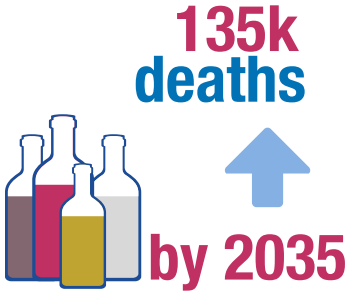
Awarh'21

Alcohol-related Cancers



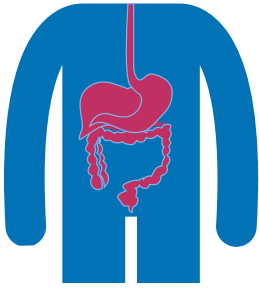
Alcohol is linked to 7 different types of cancer⁽¹⁾

Cancer Deaths



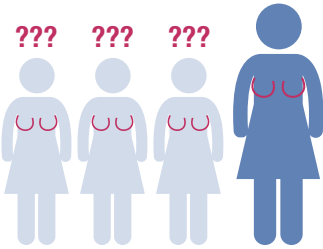
135,000 alcohol-related cancer deaths predicted by 2035⁽¹¹⁾

Digestive Cancers



Light, moderate, and heavy alcohol consumption increase the risk of digestive cancers⁽¹¹⁾

Risk



15 - 44 yo

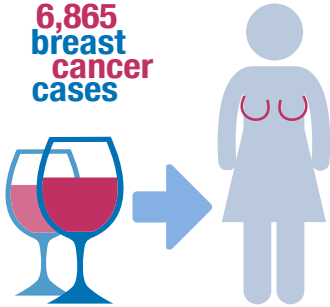
Only about one in four women knows that alcohol is a risk factor for breast cancer⁽⁴⁾

Cause



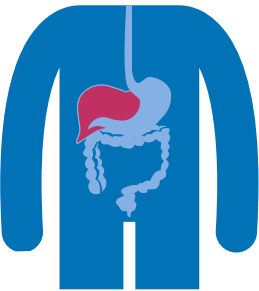
In 2019, within the WHO European Region, about 180,000 cases of cancer and almost 92,000 cancer deaths were caused by alcohol⁽³⁾

Consumption



6,865 breast cancer cases resulted from daily consumption of alcohol equivalent to 1-2 glasses of wine. (25% of the cases)⁽³⁾

Liver cancer



Heavy alcohol consumption is associated with a greater risk of liver cirrhosis and liver cancer⁽¹⁰⁾

Breast Cancer



Even one drink a day raises breast cancer risk by 14%⁽⁴⁾

Gastric Cancer



Research shows that beer increases the risk of gastric cancer⁽²⁾

1. Euro.who.int. 2021. 5000 alcohol-related cancer deaths could be prevented every year by doubling alcohol taxes in the European Region, says WHO/Europe. Available at: <https://www.euro.who.int/en/media-centre/sections/press-releases/2021/5000-alcohol-related-cancer-deaths-could-be-prevented-every-year-by-doubling-alcohol-taxes-in-the-european-region,-says-who/europe> (Accessed 2 November 2021).
2. Kilian, C., Rovira, P., Neufeld, M., Ferreira-Borges, C., Runggay, H., Soerjomataram, I. and Rehm, J., 2021. Modelling the impact of increased alcohol taxation on alcohol-attributable cancers in the WHO European Region. [online] The Lancet Regional Health Europe. Available at: [https://www.thelancet.com/journals/lanepel/article/PIIS2666-7762\(21\)00210-6/fulltext](https://www.thelancet.com/journals/lanepel/article/PIIS2666-7762(21)00210-6/fulltext) (Accessed 2 November 2021).
3. Alcohol And Cancer In The WHO European Region, An Appeal For Better Prevention. (2021). Available at: <https://apps.who.int/iris/bitstream/handle/10665/336595/WHO-EURO-2020-1435-41185-56004-eng.pdf?sequence=1&isAllowed=y> (Accessed 2 November 2021).
4. Nast, C., (2021). Alcohol Is the Breast Cancer Risk No One Wants to Talk About. Available at: <https://www.wired.com/story/alcohol-is-the-breast-cancer-risk-no-one-wants-to-talk-about/> (Accessed 2 November 2021)
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11. UEG. Alcohol and Digestive Cancers Across Europe: Time for Change (2017). Retrieved 1 November 2021, from <https://ueg.eu/files/352/371bce7dc83817b7893bcdeed13799b5.pdf>